



As a result of COVID19, children may experience difficulty sleeping, anxiety, depression, agitation, trouble focusing, and changes in mood and behaviors. Many children may not know how to reach out for mental health help.

Aiken-Barnwell Mental Health Center and Aiken County Public School District have partnered to offer students access to effective mental health care: psychiatric medical assessment, individual therapy, family therapy, crisis services and more.

There are two options to begin services: through your school counselor (at select schools) or through contacting ABMHC directly.

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If your child is a student at Clearwater, North Aiken,

there is an ABMHC school-based therapist located at your school.